

PERSONAL TRAINING PACK TERMS

One page. Fill the brackets, tick one option where asked, and keep a copy with the pack record.

Trainer: _____

Client: _____

Purchase date: _____

Pack reference: _____

1. The pack

☐ sessions of ☐ minutes for \$☐ in total. Paid: ☐ in full today ☐ in installments:

_____.

2. Using sessions

Each completed session uses 1 session. I record every session and you can ask for the count at any time.

3. Late cancel

Cancel or move a session at least [24] hours before it starts. Inside that window the session is used.

4. No-show

If you do not arrive and have not told me, the session is used.

5. Expiry (choose one)

☐ Unused sessions expire on _____ (about ☐ weeks after purchase). ☐ Sessions do not expire.

6. If life happens (choose one)

☐ One extension of ☐ weeks for illness or emergency, at my discretion. ☐ No extensions.

7. Refunds (choose one)

☐ Unused sessions are not refundable. ☐ Unused sessions are refunded at \$____ per session (my single-session rate) for each session not yet used. ☐ Unused sessions can be credited to my next pack.

8. Changes

Any change to these terms is agreed in writing (a text reply counts) before it applies.

Client agrees (name / initials / date): _____

Trainer: _____

Template only, not legal advice. Refund, expiry and cancellation rules vary by state: have a lawyer review before you use it. It is not a liability waiver or health questionnaire.